

Traumatic Brain Injury

Traumatic brain injury (TBI) causes damage to living brain tissue caused by a jolt, blow or penetrating injury. Injury can range from mild to severe.



Signs and Symptoms of TBI

The signs and symptoms of a traumatic brain injury can be subtle. Symptoms of a TBI may not appear until days or weeks following the injury. Common signs and symptoms of TBI:

- Headaches or neck pain that do not go away
- Difficulty remembering, concentrating, or making decisions
- Slowness in thinking, speaking, acting, or reading
- Getting lost or easily confused
- Feeling tired all of the time, having no energy or motivation
- Mood changes (feeling sad or angry for no reason)
- Changes in sleep patterns (sleeping a lot more or having a hard time sleeping)
- Light-headedness, dizziness, or loss of balance
- Urge to vomit (nausea)
- Increased sensitivity to lights, sounds, or distractions
- Blurred vision or eyes that tire easily
- Loss of sense of smell or taste
- Ringing in the ears